

The Catechism of Fr. John Hardon: The 6th & 9th Commandments (continued)

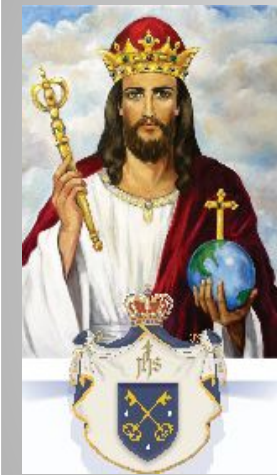
Periodic Continence: The practice of periodic abstinence from marital relations has received particular attention in modern times, but its basic principle was already recognized in Scripture. St. Paul addressed Christians who, because of the esteem in which celibacy was held, mistakenly thought married couples would necessarily be more perfect if they abstained from intercourse. He reminded them that husband and wife possess mutual rights over one another and therefore should not abstain except by mutual consent and for a limited time, as for prayer, after which they should resume marital relations lest their continence become an occasion of temptation. Thus Christian tradition has always recognized that spouses may mutually abstain from marital relations for a worthy reason.

Periodic Abstinence and the Regulation of Births: In modern times periodic abstinence acquired particular importance because spouses could use knowledge of the woman’s fertile and infertile periods to space births without interfering with the marital act itself. Pius XI taught that spouses do not act against nature when they exercise their marital rights properly even though, because of natural circumstances of time or physical condition, conception cannot occur. Pius XII likewise affirmed that spouses may lawfully have marital relations during naturally infertile periods, since they neither alter the marital act nor interfere with its natural consequences.

The Teaching of *Humanae Vitae*: Paul VI reaffirmed this teaching in *Humanae Vitae*. The Church welcomes the legitimate use of human intelligence in understanding and responsibly regulating human fertility, provided that the order established by God is respected. When serious reasons arising from the physical or psychological condition of the spouses or from external circumstances justify spacing births, spouses may take account of the natural rhythms of fertility and restrict marital relations to infertile periods. **(One should always consult a priest to determine if such serious reasons exist)**

Periodic Continence and Contraception: Although periodic continence and contraception may both involve an intention to avoid conception, they differ essentially in the means employed. In periodic continence, the spouses abstain from intercourse during fertile periods and make legitimate use of the marital act during infertile periods without altering it. In contraception, by contrast, they engage in the marital act while deliberately interfering with its natural procreative character. Moral judgment therefore cannot be based merely upon the desired result; the means chosen to achieve that result must also be morally good.

Responsible Parenthood and Self-Mastery: Periodic continence requires genuine self-discipline and cannot simply become a contraceptive mentality practiced by different means. Spouses who have just reasons for spacing births renounce marital relations during fertile periods and resume them during infertile periods as an expression of affection and mutual fidelity. Such restraint can foster self-mastery and deepen conjugal love precisely because husband and wife learn to govern their desires rather than being governed by them.



CHRIST THE KING Catholic Church

An apostolate of the Priestly Fraternity of St. Peter

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17th Sunday after Pentecost September 20th, 2026

“I therefore, a prisoner in the Lord, beseech you that you walk worthy of the vocation in which you are called, With all humility and mildness, with patience, supporting one another in charity. Careful to keep the unity of the Spirit in the bond of peace. One body and one Spirit...One Lord, one faith, one baptism. One God and Father of all, who is above all, and through all, and in us all.” - Eph. 4:1-6

Secretary: Melissa Burns
Finances: Melissa Funderburk
Choir: Leo & Carol Labrecque
Maintenance: Tom Flamminio
Office Hours: 10am-3pm, Mon-Fri

Masses

Sunday: 7:00am, 8:30am, 10:30am (high), 1:00pm

Monday: 12:00pm
Tues: 9am; Wed-Thur: 7am & 9am
Friday: 9:00am & 6:30pm.
Saturday: 9:00 am.

Ocala:
Sunday: 4:30pm
Monday: 7:00am.

Confession: 30 min before Mass

Adoration: Fri 10am-6:15pm

Date and Time	Mass Intention	Requested By
9-20	7:00 AM	Priest's Intention
	8:30 AM	Nancy Bass Zilli
	10:30 AM	<i>Pro Populo</i>
	1:00 PM	Theresa Brouwer+
9-21	12:00 PM	Bill Wis+
9-22	7:00 AM	Roberta Speer
	9:00 AM	Regina Caeli - Tutors, Parents, Students
9-23	7:00 AM	Gene Weinmann+
	9:00 AM	Gerald & Kristan Brazeau
9-24	7:00 AM	Tristan Shipe
	9:00 AM	John Killen
9-25	9:00 AM	Cecile Keller
	6:30 PM	John Akers
9-26	9:00 AM	Priest's Intention
9-27	7:00 AM	Michael Arthur Wong+
	8:30 AM	Julie Kenney
	10:30 AM	<i>Pro Populo</i>
	1:00 PM	Roger Shipe+

“If all the prayers of loving hearts from the beginning of the world, and all the seraphic worship of the thrones and principalities of heaven, and the burning devotion and love of the Virgin Mother of God, and the voices of the all creatures of heaven and earth were offered up in one universal and harmonious act of praise and adoration, they would not equal or even approach in value and efficacy the infinite worth of a SINGLE MASS.”

Weekly Schedule	
Holy Face Devotions	Tue, Sep 22, 10:15 AM
Women's Book Club	Tue, Sep 22, 6:30 PM-8:00 PM
Youth Catechism	Thurs, Sep 24, 5:00PM-6:00PM
Adoration	Fri, Sep 25 10:00 AM-6:15 PM

Prayer Corner

Please pray for: Baby Tiberius; Arianne Gardner; Baby Gardner; Frank Burns; Sciscenti family; Carol Labrecque; Terry Angley; Wis family; McNamara family; Peter & the Crowell family; Aaron Pruitt; Gary Syvertsen

Fr. Huber leaves Monday the 21st and returns Friday Oct 2nd. **No 7:00am Mass** Wed or Thur the next 2 weeks.

Next **Sunday, October 27**, the **Saint Therese Devotions Guild** will have a table in the breezeway after all Masses with information about the group. Please stop by to learn more or to just say hi! After the 10:30 AM Mass, there will be a reception in the hall with coffee and donuts.

Thank you to everyone who signed up to participate in the **Eucharistic Rosary Congress** at CtK from **Wednesday, Oct. 7 through Thursday, Oct. 8**. We need at least two people for adoration each hour and one person who can lead the rosary. A sign-up sheet is in the vestibule or scan the QR code to sign-up online. Come and spend an hour with Our Lord!



Parish Groups

St. Joseph’s Guild

St.Theresa
Devotions Guild

Respect Life

Altar Servers

Choir

Youth Catechism

Youth Group

Holy Face
Archconfraternity

Women’s Book Club

Women’s Lectio
Divina Prayer Group

Seven Sisters
Apostolate/Fasting
Brothers

St. Monica Prayer
Group

1962 Liturgical Calendar				
9-20	17th Sunday after Pentecost	2	G	
9-21	St. Matthew, Apostle and Evangelist	2	R	
9-22	St. Thomas of Villanova	3	W	Ss. Mauritius and Companions, Martyrs
9-23	Ember Wednesday in September	2	V	St. Linus Pope and Martyr
9-24	Our Lady of Ransom	4	W	
9-25	Ember Friday in September	2	V	
9-26	Ember Saturday in September	2	V	(USA) Ss. Jean de Brebeuf, Isaac Jogues & Companions
9-27	18th Sunday after Pentecost	2	G	

From the Choir Loft: 17th Sunday after Pentecost, 9/20/26; Entr: Let All Mortal Flesh SEC 900; Asperges SEC 567; Mass VIII SEC 727; Credo IV SEC 780; Exit: Faith of Our Fathers SEC 928
Guido d’Arezzo (cont’d): In order to teach monks to sight-sing chant, Guido (c. 992-1050) devised the system of solfege. The note syllables (ut[do], re, mi, fa, sol, la, si) are taken from the first syllable of each phrase ascending stepwise in the hymn for the Nativity of St. John the Baptist, *Ut Queant Laxis. UT queant laxis REsonare fibris MIRA gestorum FAMuli tuorum, SOLve polluti LABii reatum, Sancte Ioannes.* So that your servants may, with loosened voices, resound the wonders of your deeds, cleanse the guilt of our stained lips, O Saint John.

Finances	Mass Attendance
Last Sunday’s collection: cash \$3,788.00; online \$1,255.77; <i>Do This in Memory of Me:</i> cash \$8,295.00; online \$2,244.01	Sept 6 - 464 souls 7:00 am- 62 8:30 am- 148 10:30 am- 143 1:00 pm- 111 <i>Ocala- 306</i>
2026 CFA status at CtK as of September 13, 2026: \$104,000.00 assessment; \$51,385.02 pledged; \$47,212.15 paid; 19.76% of HHolds. Thank you for your support!	