

On Mental Prayer (Part II)

3. Supplications: We unite our affections to our painful human experience to make petitions to God for our needs. We may ask for patience in suffering, even joy, for God allows evil only for our salvation. Many saints were sad unless they had something to suffer as they thought God had left them, “God chastises those He loves.” (Hb 12:6) We may ask for mercy to forgive enemies; a deeper contrition for sin; an increase of trust in Divine Providence; a more fervent devotion to Mary.

4. Resolutions: Finally, we make firm proposals to avoid sin & practice virtue; resolutions are the chief fruit of mental prayer. Resolutions must be precise, not vague; practical, not theoretical; personal, relating to our duties, esp. to overcome our predominate fault; proximate, not for the distant future; firm, persevering, & constantly renewed until victory e.g., “I will hold no grudges & reject any which arise in my soul”; “I will bless when I suffer an evil, ‘*maledicemur, benedicimus*’”; “I will pray a daily rosary”; “Today, I will seek Christ in my neighbor.” For mercy, “I will visit the sick this Thursday.” Against sloth, “Today, I will clean the garage... etc!” Against a spirit of complaint, “Today, I will embrace my cross by not complaining at all.”

All resolutions aim to make us Christ-like. To this end, the components of meditation work together. Our pious considerations & holy affections prepare our will to make good resolutions; again, our mind perceives what is good, our heart is drawn to this good, & the will, aided by grace, propels us to act. In this enterprise, we must know God work too, “to will & to accomplish, according to His good pleasure.” (Phil. 2:13) Moreover, it is fitting & needful to implore our Lord, BVM, our patron saints & guardian angels to help us!

Finally, before leaving our Divine audience, we thank God & ask Him to forgive our faults; we renew our firm purpose & gather a spiritual bouquet e.g., a maxim of a saint or scripture verse, to carry through the day e.g., “everyone who exalts himself, shall be humbled” and add a colloquy i.e., a parting word to God or His saint.

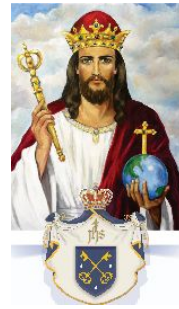
A Prayer after Meditation

O my God, behold me humbly prostrate before Thee to adore Thee, to praise Thee, to thank Thee for Thy infinite goodness in Thyself and for Thy infinite goodness to me. I thank Thee especially for the graces conferred upon me during this holy meditation. Deign, O my God, to grant me the further grace of corresponding to these precious graces. Give me the courage and generosity to live henceforth according to the light with which Thou has illumined my soul. May my heart ever burn with love of Thee, my will ever be in closest conformity with Thine & my whole being serve Thee perfectly in time and in eternity. Amen.

Venue for Daily Mental Prayer

Time: begin with 15 minutes then ½ hr then 1 hr. **Posture:** whatever is conducive i.e., kneeling, sitting, standing, walking. **Place:** ideally, the church having the Blessed Sacrament, but any place will do e.g., forest, beach, solitude & quiet help but we can meditate even in traffic (vs. impatience). **Dangers:** keep it a prayer, not a study; do not seek the theoretical; resist idleness or boredom, which may arise from fatigue or discouragement, by mixing in spiritual reading.

To end, let no soul think that she cannot meditate! We are all great meditators; we just need to meditate on the right things! Someone ticks us off. We are angry. We may stew for days, reliving things said or done, preceding, during, and after the event. We suggest to ourselves motives & reasons. We plan revenge or actions to avoid future outcomes. In so many ways we are meditating! In mental prayer, we focus on God & what pertains to Him, esp. Jesus Christ. He must be observed! He is the Way, the Life, the Truth. Without Him, I am nothing! He is the same today, tomorrow & forever. May our prayer make us like unto Him more & more. Amen.



CHRIST THE KING Catholic Church

An apostolate of the Priestly Fraternity of St. Peter
preaching the Gospel & sanctifying souls
according to the liturgical books of 1962.

17th Sunday after Pentecost

September 15, 2024, A.D.

Pastor: Fr. Chris Hathaway, FssP
fr.hathaway@christthekingsarasota.org

Assistant: Fr. Vince Huber, FssP
fr.huber@christthekingsarasota.org

Secretary: Susan Hemeryck
office@christthekingsarasota.org

Church Office Hours: 10:00 am – 3:00 pm, Monday - Friday

Christ the King Catholic Church.

Office: 941-924-2777

1900 Meadowood Street
Sarasota, FL 34231

christthekingsarasota.org

The Daily Mass Schedule is:

Monday at 12 noon.

Tuesday, Wednesday, and Thursday at 7:00 am and 9:00 am.

Friday at 9:00 am and 6:30 pm. (On Friday, a 5:30 pm Holy Hour & confession time, precedes the 6:30 pm Mass.)

Saturday at 9:00 am.

Sacramental Emergency: 941-400-5415

The Sunday Mass Schedule is:

7:00 am low; 8:30 am low; & 10:30 am sung & a seasonal 12:30 pm low Mass.

Items on the “Blessing Table” in the hall are blessed after the last Sunday Mass.

Confessions are heard in the confessional box ½ hour before Mass.

“Lost & Found” is in the vestibule; if not there, check with the office.

In Ocala:

Sunday Mass at 4:30 pm

Monday Mass at 7 am.

1st Saturday Mass at 10:30 am.

Scan to give



Liturgical Calendar for the Upcoming Week

DATE	FEAST	CLASS/COLOR
Sun 09-15	17 th Sunday after Pentecost	2/G Seven Sorrows of BVM
Mon 09-16	Ss Cornelius, <i>Pope & Cyprian, Bishop, Martyrs</i>	3/R Ss Euphemia, Lucy &
Tues 09-17	Stigmata of St Francis	4/W Geminian
Wed 09-18	Ember Wednesday	2/V
Thu 09-19	St Januarius, <i>Bishop & Companions, Martyrs</i>	3/R
Fri 09-20	Ember Friday	2/V
Sat 09-21	St Matthew, <i>Apostle & Evangelist</i>	2/R Ember Saturday
Sun 09-22	18 th Sunday after Pentecost	2/G



Mass Intentions for the Upcoming Week in Sarasota

Sun 09-15	(7 am) Poor Souls in Purgatory (8:30 am) Joseph Karbarz+ (10:30 am) <i>Pro-populo</i> (12:30 pm) No Mass until Fall	rb L de Saizieu rb D Karbarz
Mon 09-16	(12 pm) Deceased members of Simmons family	rb T Simmons
Tues 09-17	(7 am) Intentions of the Pastor (9 am) Alexander Baugh	rb a tertiary rb C Clough
Wed 09-18	(7 am) David Matthews (9 am) Joseph D	rb D Matthews rb KD
Thu 09-19	(7 am) My family (9 am) Ian Peterson	rb K Chagnon tb the Lawton family
Fri 09-20	(9 am) Juana Carvallo+ (6:30 pm) Antoine & Marguerite de Saizieu+	rb R Durney rb L de Saizieu
Sat 09-21	(9 am) Michael Malfesi	rb J Settineri
Sun 09-22	(7 am) Conversion of a loved one (8:30 am) Fr Shannon Collins (10:30 am) <i>Pro-populo</i> (12:30 pm) No Mass until Fall	rb anonymous rb R Galatolo

Today's 10:30 am Mass: Entr: Come, Holy Ghost, 883; Asperges, 567; Mass VIII, 727 & Credo IV, 780; Exit: Salve Regina, 961.

Last Sunday's Collection: cash \$4,521.06; on-line \$2,970.00; CFA \$0.

Do This in Memory of Me: cash \$1,955.00; online \$1,020.00.

Total souls: 397; 7 am-80; 8:30 am-130; 10:30 am-187. *Ocala* ~ 285.

Please pray for: Markus Dixon, Susan Terrizzi, Rick Connick (9/15); Denise Karbarz, Antonio Negrin, Alex B. (9/1); Alice Manganello, Susan Furlong, Joseph Furlong (8/25); David Clough Sr (8/18).

Last day to register to vote in Florida is Oct. 7, 2024 for the Nov. 5, 2024 election.

This week, Monday, begin *Novena to St Joseph* for *Do This in Memory of Me* capital campaign, Vespers (4:30 pm); **Tuesday, novena to St Joseph,** Holy Face devotions (10:15 am); **Wednesday, novena to St Joseph,** CtK Day at PP (9 am - 5 pm); **Thursday, novena to St Joseph,** Vespers (4:30 pm), St Joseph Guild (6:30 pm); **Friday, novena to St Joseph,** staff meeting (3:30 pm), Vespers (4:30 pm), Holy Hour (5:30 pm), Mass (6:30 pm); **Saturday, novena to St Joseph,** Pro-Life meeting (10 am), Youth Group (10 am); Vespers (4:30 pm).

Please join us for a Pro-Life Meeting on Saturday, 9/21/24 at 10 am in the Social Hall. We will offer new free resources for the upcoming 40 Days for Life Fall Campaign – learn our strategy & get the new book What to Say When 2! Also, there will be Vote No on Amendment 4 resources for you to distribute. Refreshments provided.

2024 CFA status at CtK as of August 31, 2024: \$113,000.00 assessed by the diocese; \$70,791.67 pledged (62.65% of goal); from 34.72% of 216 households; \$61,504.97 paid. (from dioceseofvenice.org) **Thank you for your support!**

Jesus commands His Church, the Catholic Church, to spread His gospel to all nations. The non-profit organization, **St. Paul Street Evangelization (SPSE),** takes this command seriously & wants you too as well! To this end, **SPSE Vice-President Adam Janke** invites all adult Catholics to a training on **Sunday, Sept. 29, from 12:30 pm to 4:00 pm, at Our Lady of the Angels Parish, Lakewood Ranch.** Registration is \$25 and includes lunch & training materials. You can register online at <http://evangelizationschool.com/store/product/apologetics-in-evangelization-training-lakewood/>. Questions? Contact Jim Gontis at gontis@dioceseofvenice.org. (Past participants from CtK recommend it strongly).

Often people ask about certain services e.g., lawncare, nanny, piano lessons, car repair, real-estate, etc. As CtK does not advertise in its bulletin, Father put up a corkboard in the social hall. If you like, you may post your business cards there.

Dear Faithful of Christ the King,

9/15/24

Thank you for your continued prayers & donations for the success of our building project, **“Do This in Memory of Me.”**

As requested by Bishop Dewane, CtK is in the process of getting hard numbers on the cost of its project. After the numbers are in, Bishop Dewane will confirm with CtK that it wants to go forward. If so, he will likely give his approval and then CtK can make a general presentation of its project. Thank you for your patience.

Again, if you wish to donate now, please do so through our website or by check, writing on the memo line: “Do This in Memory of Me” or “Building Project.” Pledge envelopes are available near the offertory box or through the office. God bless you,
Fr Hathaway