

FEBRUARY 2024
@ Christ the King Catholic Church, Sarasota, FL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>28 Septuagesima Sunday 7 am, 8:30 am & 10:30 am & 12:30 pm Masses</p> <p><i>Ocala</i> 4:30 pm Mass (frh)</p>	<p>29 St Francis de Sales, Bishop & Doctor 9 am Mass 4:30 pm Vespers</p> <p><i>Ocala</i> - 7 am Mass</p>	<p>30 St Martina, Virgin & Martyr 7 am Mass 9 am Mass 10:15 am Holy Face devotions 6:30-8 pm Women's Book Club (transferred)</p>	<p>31 St John Bosco, Confessor 7 am Mass 9 am Mass</p>	<p>FEBRUARY 1 St Ignatius, Bishop & Martyr 7 am Mass 9 am Mass 4:30 pm Vespers 5-8 pm Adoration</p>	<p>2 Purification of BVM (Candlemas, 1st Friday) 9 am Mass & devotions (frh) 3:30 pm staff meeting 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm candle blessing, procession, & Mass (frh) <i>Ocala</i> - 6 pm candle blessing, procession, & Mass (frv)</p>	<p>3 Immaculate Heart of Mary (1st Saturday) 9 am Mass 4:30 pm Vespers</p> <p><i>Ocala</i> 10:30 am Mass (frv)</p>
<p>4 Sexagesima Sunday (Begin Holy Face Novena) 7 am, 8:30 am, 10:30 am, & 12:30 pm Masses.</p> <p><i>Ocala</i> 4:30 pm Mass (frv)</p>	<p>5 St Agatha, Virgin & Martyr 12 noon Mass 1:00 pm St Theresa Guild 4:30 pm Vespers <i>Ocala</i> - 7 am Mass</p>	<p>6 St Titus, Bishop & Confessor 7 am Mass 9 am Mass 10:15 am Holy Face devotions</p>	<p>7 St Romuald, Abbot 7 am Mass 9 am Mass 3:30 pm staff meeting 5 pm Finance Council</p>	<p>8 St John of Matha, Confessor 7 am Mass 9 am Mass 4:30 pm Vespers 5-6 pm Youth Cat.</p>	<p>9 St Cyril, Bishop of Alexandria & Doctor 9 am Mass (frv) 4:30 pm Vespers 5:30 pm Holy Hour (frh) 6:30 pm Mass (frh)</p>	<p>10 St Scholastica, Virgin 9 am Mass 4:30 pm Vespers</p>
<p>11 Quinquagesima Sunday (O.L. Lourdes act of Consecration for fssp) 7 am, 8:30 am, 10:30 am, & 12:30 pm Masses</p> <p><i>Ocala</i> 4:30 pm Mass (frh)</p>	<p>12 Seven Holy Founders, Servants of BVM, Confessors (End H.F. Novena) 12 noon Mass 4:30 pm Vespers <i>Ocala</i> - 7 am Mass</p>	<p>13 Feria 7 am Mass 9 am Mass (HF social) 10:15 am Holy Face devotions 6:30-8 pm Women's Book Club</p>	<p>14 Ash Wednesday 40-DFL begins 7 am Mass 9 am Mass 6:30 pm Mass (frh)</p> <p><i>Ocala</i> 6 pm Mass (frv)</p>	<p>15 Thursday after Ash Wed. 7 am Mass 9 am Mass 4:30 pm Vespers 6:30 pm St Joseph Guild</p>	<p>16 Friday after Ash Wed. 9 am Mass 3:30 staff meeting 4:30 pm Vespers 5:30 pm Stations of the Cross 6:30 pm Mass 7:30 pm soup meal</p>	<p>17 Saturday after Ash Wed. 9 am Mass 10 am Youth Group 4:30 pm Vespers</p>
<p>18 1st Sunday of Lent 7 am, 8:30 am, 10:30 am, & 12:30 pm Masses <i>(Pro-life table)</i> <i>Ocala</i> 4:30 pm Mass (frv)</p>	<p>19 Feria of Lent 12 noon Mass 4:30 pm Vespers <i>Ocala</i> - 7 am Mass</p>	<p>20 Feria of Lent 7 am Mass 9 am Mass 10:15 am Holy Face devotions</p>	<p>21 Ember Wed. of Lent 9-5 pm CtK Day at PP 7 am Mass 9 am Mass</p>	<p>22 Chair of St Peter 7 am Mass 9 am Mass 4:30 pm Vespers 5-6 pm Youth Cat.</p>	<p>23 Ember Friday of Lent 9 am Mass 3:30 staff meeting 4:30 pm Vespers 5:30 pm Stations 6:30 pm Mass 7:30 pm soup meal</p>	<p>24 Ember Saturday of Lent 9-5 pm CtK Day at PP 9 am Mass 4:30 pm Vespers</p>
<p>25 2nd Sunday of Lent 7 am, 8:30 am, 10:30 am, & 12:30 pm Masses</p> <p><i>Ocala</i> 4:30 pm Mass (frh)</p>	<p>26 Feria of Lent 12 noon Mass 4:30 pm Vespers <i>Ocala</i> - 7 am Mass</p>	<p>27 Feria of Lent 7 am Mass 9 am Mass 10:15 am Holy Face devotions 6:30-8 pm Women's Book Club</p>	<p>28 Feria of Lent 7 am Mass 9 am Mass</p>	<p>29 Feria of Lent 7 am Mass 9 am Mass 4:30 pm Vespers 5-8 pm Adoration</p>	<p>MARCH 1 (frv women's mission in Ocala) 1st Friday / Feria of Lent 9 am Mass & Stations of the Cross 4:30 pm Vespers 5:30 pm Stations (frh) 6:30 pm Mass 7:30 pm soup meal</p>	<p>2 (frv w's mission in Ocala) 1st Saturday / Feria of Lent 9 am Mass & devotions 4:30 pm Vespers <i>Ocala</i> 10:30 am Mass (frv)</p>

Read the Bible! “The Power of 4”

In the USA, 93% of people own a bible. Unfortunately, however, owning a bible & believing it is the inspired Word of God does not mean that people actually read the Bible. About 60% Americans say they occasionally read the Bible; down from 75% in the 1980s (Gallup & Simmons, 2000). Less than 40% read the Bible at least once a week. Moreover, only 25% of American Christians say they regularly study the bible for guidance (Gallup, 2003).

The Center of Bible Engagement compiled research findings by Arnold Cole, Ed.D. & Pamela Caudill Ovwigho, Ph.D. into a document titled “Understanding the Bible Engagement Challenge: **Scientific Evidence for the Power of 4.**” The study polled 40,000 people ages 8 to 80. They wanted to see how people were engaging in Scripture. They made a wonderful discovery, calling it “The Power of 4.”

Statistically, among those who read the bible less than 3 days a week, there was no change in behavior. Those, however, who read the bible 4 times a week experienced significant changes in behavior.

Feeling lonely decreased 30%

Anger issues decreased 32%

Bitterness in relationships decreased 40%

Alcoholism decreased 57%

Sex outside of marriage decreased 68%

Feeling spiritually stagnant decreased 60%

Viewing pornography decreased 61%

Sharing your faith increased 200%

Discipling others increased 230%

Memorizing scripture increased 407%

These results probably do not surprise us. But it should be of some interest to those of good will among the general public who heed the mantra “follow the science.” This may be some spur for a conversion. It remains true, however, that if reading the bible 4 times or more a week would obtain material benefits - fit into a smaller dress size or guarantee my win in the lottery – people would then do it! Simply engaging with the Word of God is not enough; we need the proper intention.