

**AUGUST 2023**  
**@ Christ the King Catholic Church, Sarasota, FL**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> <b>9th Sunday after Pentecost</b> 7 am, 8:30 am, 10:30 am Masses <b>only.</b> <i>Ocala</i> 4:30 pm Mass (frv)	31 St Ignatius of Loyola 12 noon Mass 3:30 pm staff meeting 4:30 pm Vespers  <i>Ocala</i> - 7 am Mass	<b>August 1</b> St Peter in Chains 7 am Mass 9 am Mass 10:15 am Holy Face devotions	2 St Alphonsus Liguori 7 am Mass 9 am Mass <b>5:00 pm Parish Council meeting</b>	3 Finding of the body of St Stephen 7 am Mass 9 am Mass 4:30 pm Vespers <b>5-8 pm Adoration</b> (frh opens; frv closes)	4 <b>1st Friday, Sacred Heart of Jesus</b> 9 am Mass & devotions 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass 7:30 pm Young Adults	5 <b>1st Saturday, Immaculate Heart of Mary</b> 9 am Mass & devotions 4:30 pm Vespers  <i>Ocala</i> - 10:30 am Mass & devotions (frv)
6 <b>Transfiguration of our Lord Jesus Christ</b> 7 am, 8:30 am, & 10:30 am Masses <b>only.</b> <i>Ocala</i> 4:30 pm Mass (frh)	7 St Cajetan 12 noon Mass 1:30 pm St Theresa Guild 4:30 pm Vespers <i>Ocala</i> - 7 am Mass	8 St John Mary Vianney 7 am Mass 9 am Mass 10:15 am Holy Face devotions <b>6:30 - 8 pm Book Club</b>	9 Vigil of St Laurence 7 am Mass 9 am Mass	10 <b>St Laurence</b> 7 am Mass 9 am Mass 4:30 pm Vespers	11 Feria (10th Sunday after Pentecost) 9 am Mass 3:30 pm staff meeting 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass	12 St Clare 9 am Mass <b>10-12 am server practice</b> 4:30 pm Vespers
13 <b>11th Sunday after Pentecost</b> 7 am, 8:30 am, 10:30 am Masses <b>only.</b>  <i>Ocala</i> 4:30 pm Mass (frv)	14 Vigil of the Assumption 12 noon Mass 4:30 pm Vespers (frv retreat in Ocala) <i>Ocala</i> - 7 am Mass	15 <b>Assumption of the BVM</b> 7 am Mass (frh) 9 am Mass (frh) 10:15 am Holy Face 6:30 pm Mass (frh) <i>Ocala</i> - 6 pm (frv)	16 St Joachim, Father of BVM 7 am Mass 9 am Mass	17 St Hyacinth 7 am Mass 9 am Mass 4:30 pm Vespers <b>6:30 pm St Joseph Guild</b>	18 St Agapitus 9 am Mass 3:30 pm staff meeting 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass	19 St John Eudes 9 am Mass <b>10 am Youth Group</b> 4:30 pm Vespers
20 <b>12th Sunday after Pentecost</b> 7 am, 8:30 am, 10:30 am Masses <b>only.</b> <i>Ocala</i> 4:30 pm Mass (frh)	21 St Jane Frances de Chantel 12 noon Mass 4:30 pm Vespers  <i>Ocala</i> - 7 am Mass	22 <b>Immaculate Heart of BVM</b> 7 am Mass 9 am Mass 10:15 am Holy Face devotions <b>6:30 - 8 pm Book Club</b>	23 St Philip Benizi 7 am Mass 9 am Mass	24 <b>St Bartholomew</b> 7 am Mass 9 am Mass 4:30 pm Vespers <b>1-6 pm CtK Day at PP</b>	25 St Louis IX 9 am Mass 3:30 staff meeting 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass	26 St Zephyrinus 9 am Mass 4:30 pm Vespers
27 <b>13th Sunday after Pentecost</b> 7 am, 8:30 am & 10:30 am Masses <b>only.</b> <i>Ocala</i> 4:30 pm Mass (frv)	28 <b>St Augustine</b> 12 noon Mass 4:30 Vespers  <i>Ocala</i> - 7 am Mass	29 <b>Beheading of SJB</b> 7 am Mass 9 am Mass 10:15 am Holy Face devotions	30 St Rose of Lima 7 am Mass 9 am Mass	31 St Raymond Nonnatus 7 am Mass 9 am Mass 4:30 pm Vespers <b>5-8 pm Adoration</b> (frh opens; frv closes)	September 1 <b>1st Friday, Sacred Heart of Jesus / St Giles</b> 9 am Mass & devotions 3:30 pm staff meeting 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass	2 <b>1st Saturday, Immaculate Heart of Mary / St Stephen of Hungary</b> 9 am Mass & devotions <b>Young Adults Day event</b> 4:30 pm Vespers <i>Ocala</i> - 10:30 am Mass & devotions (frh)

**The three Hail Mary devotion for purity** (should be a daily devotion in every Catholic's life)

If God is owed all our love and if our first fruits be tokens of this love, then our first waking moments of our day ought to be given to God. Said again, upon waking, we should tell Jesus that we love Him and thank Him for His (what cheap word) immense favors; we should recall His past favors & ask Him for new ones. At day's end, it is equally fitting to say a few words to our Great Benefactor before retiring. Besides this general attitude, Father highly recommends the practice of the three Hail Mary devotion for purity.

After willing the above considerations, we kneel before the Crucifix and, with as much focus of mind & sincerity of heart we can muster, we sign ourselves with the cross saying, "In the Name of etc." then address God with one Our Father followed by three Hail Marys, each Hail Mary being preceded by such words as: "Mary, my mother in heaven, today I ask that you keep my body pure & my soul holy (1st Hail Mary); Mary, my mother in heaven, today I ask that you keep my body pure & my soul holy (2nd Hail Mary); Mary, my mother in heaven, I plead, I beg, I earnestly request that you, this day, keep my body pure & my soul holy (3rd Hail Mary)" and we end by another sign of the cross. At the end of the day, before retiring, we repeat the above prayer.

**Why the Our Father?** God is owed our first fruits & deserves my first waking thoughts; this is a fresh proof that I am striving for heaven. Again, if I wake up and think about social media, coffee, breakfast, news, if my stocks went up or down, or what I will have for breakfast, I inadvertently expose the gods in my life, so many loves besides God. Most Mass Prefaces begin: "It is fitting and right that in all places, at all times, we give Thee thanks almighty God etc." Giving my first waking thoughts, my first fruits of the day to heaven properly orders my day because, as we know, we are meant to love God above all things. And, among other things, by the Our Father we ask that God's will be accomplished in us that day, the perfect way to begin a new day.

**Why the three Hail Marys?** Mary will help anyone in charity, but by this devotion we go to her as one of her children. In justice, every mother owes their offspring protection. Even dumb nature teaches this. A small bird will risk her life to defend her chicks against a fox, hawk, or snake, something more powerful than her. How much more will the blessed Mother of God come to our defense if we convince her that she is our mother. By this devotion we are telling Mary, "You are my mother, you must protect me. I am in danger of eternal ruin from sins of impurity. I petition you in justice. Come to my aid. You have purity in fullness and can obtain the measure that I need from your Son."

**Why kneeling before the crucifix?** Often, we are slaves to the body and its demands; this is especially true regarding sins of lust. Kneeling for morning prayer begins to curb this intemperance. It is as if I were telling the body, "You will kneel in prayer to God for you too have been purchased at a great price." Naturally, the body wants to luxuriate in bed. We must fight this inclination. If we do, we will gradually tame it and become the man of self-control demanded of every Christian.

**To those who say, "I don't have time."** This devotion takes 1:41.47 minutes (Father timed it) and you say, "I don't have time"? Not even 2 minutes? Is the house burning down every morning that you must rush away from prayer? Or are you just too lazy? Be honest. If I ask you, "Do you believe this devotion will help you to heaven?" You will say, "Yes." If I ask, "How much do you want to go to heaven?" You will say, "Above all things." To which I respond, "Prove it!" Witness to heaven that heaven is worth fighting for (above all things) so that come Judgment Day you will have a fighting chance of getting in. **Finally, to those who forget, do**

something to jog your memory e.g., the night before, put a chair in the middle of the room. When you wake, you will see the chair and think, "What idiot did that?" then recall, "Oh yes, I did, because I need do my three Hail Marys!"