

JULY 2023
@ Christ the King Catholic Church, Sarasota, FL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 (Fr Van Zee covers) 4th S. after Pentecost 7 am, 8:30 am, 10:30 am & 12:30 pm Masses Ocala 4:30 pm Mass (frv)	26 Ss John & Paul 12 noon Mass Ocala - 7 am Mass	27 O.L. of Perpetual Help 9 am Mass 10:15 am Holy Face devotions 6:30 - 8 pm Book Club	28 Vigil, Ss Peter & Paul 9 am Mass 7 pm choir practice	29 Ss Peter & Paul 9 am Mass	30 Comm. of St Paul 9 am Mass 5:30 pm Holy Hour 6:30 pm Mass (frh returns)	July 1 Most Precious Blood of our Lord Jesus Christ 9 am Mass & devotions 4:30 pm Vespers Ocala - 10:30 am Mass & devotions (frv)
2 Ex Sol. of Peter & Paul 7 am, 8:30 am, 10:30 am Masses only. Ocala 4:30 pm Mass (frh)	3 St Irenaeus 12 noon Mass 1:30 pm St Theresa Guild 3:30 pm staff meeting 4:30 pm Vespers Ocala - 7 am Mass	4 Feria 7 am Mass 9 am Mass	5 St Anthony Mary Zaccaria 7 am Mass 9 am Mass 7 pm choir practice	6 St Maria Goretti 7 am Mass 9 am Mass 4:30 pm Vespers 5-8 pm Adoration (frh opens; frv closes)	7 Sacred Heart of Jesus 9 am Mass & devotions 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass 7:30 pm Young Adults	8 St Elizabeth of Portugal 9 am Mass 10 am - 12 pm server practice 4:30 pm Vespers
9 6th S. after Pentecost 7 am, 8:30 am, 10:30 am Masses only. Ocala 4:30 pm Mass (frv)	10 The Seven Holy Brothers 12 noon Mass 3:30 pm staff meeting 4:30 pm Vespers Ocala - 7 am Mass	11 Feria 7 am Mass 9 am Mass 10:15 am Holy Face devotions 6:30 - 8 pm Book Club	12 St John Gualbert 7 am Mass 9 am Mass 7 pm choir practice	13 Feria 7 am Mass 9 am Mass 4:30 pm Vespers	14 St Bonaventure 9 am Mass 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass	15 St Henry II, Emperor 9 am Mass 10 am Youth Group 4:30 pm Vespers
16 7th S. after Pentecost 7 am, 8:30 am & 10:30 am Masses only. Ocala 4:30 pm Mass (frh)	17 (frv away; no 7 am weekday Mass until he returns on 7/28) St Feria 12 noon Mass 4:30 Vespers Ocala - 7 am Mass	18 St Camillus de Lellis 9 am Mass 10:15 am Holy Face devotions	19 St Vincent de Paul 9 am Mass 7 pm choir practice	20 St Jerome Emiliani 9 am Mass 4:30 pm Vespers 6:30 pm St Joseph Guild	21 St Lawrence Brindisi 9 am Mass 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass	22 St Mary Magdalene 9 am Mass 4:30 pm Vespers
23 8th S. after Pentecost 7 am, 8:30 am, 10:30 am Masses only. Ocala 4:30 pm Mass (frh)	24 St Christina 12 noon Mass 4:30 pm Vespers Ocala - 7 am Mass	25 St James, Apostle 9 am Mass 10:15 am Holy Face devotions 6:30 - 8 pm Book Club	26 St Anne, Mother of BVM 9 am Mass 7 pm choir practice	27 St Pantaleon 9 am Mass 4:30 pm Vespers 1-6 pm CtK Day at PP	28 (frv returns) Ss Nazarius <i>et elia</i> 9 am Mass 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass	29 St Martha 9 am Mass 4:30 pm Vespers
30 9th S. after Pentecost 7 am, 8:30 am, 10:30 am Masses only. Ocala 4:30 pm Mass (frv)	31 St Ignatius of Loyola 12 noon Mass 3:30 pm staff meeting 4:30 pm Vespers Ocala - 7 am Mass	August 1 St Peter in Chains 7 am Mass 9 am Mass 10:15 am Holy Face devotions	2 St Alphonsus Liguori 7 am Mass 9 am Mass 7 pm choir practice	3 Finding of the body of St Stephen 9 am Mass 4:30 pm Vespers 5-8 pm Adoration (frh opens; frv closes)	4 Sacred Heart of Jesus 9 am Mass & devotions 4:30 pm Vespers 5:30 pm Holy Hour 6:30 pm Mass 7:30 pm Young Adults	5 Immaculate Heart of Mary 9 am Mass & devotions 4:30 pm Vespers Ocala - 10:30 am Mass & devotions (frh)

The three Hail Mary devotion for purity (should be a daily devotion in every Catholic's life)

If God is owed all our love and if our first fruits be tokens of this love, then our first waking moments of our day ought to be given to God. Said again, upon waking, we should tell Jesus that we love Him and thank Him for His (what cheap word) immense favors; we should recall His past favors & ask Him for new ones. At day's end, it is equally fitting to say a few words to our Great Benefactor before retiring. Besides this general attitude, Father highly recommends the practice of the three Hail Mary devotion for purity.

After willing the above considerations, we kneel before the Crucifix and, with as much focus of mind & sincerity of heart we can muster, we sign ourselves with the cross saying, "In the Name of etc." then address God with one Our Father followed by three Hail Marys, each Hail Mary being preceded by such words as: "Mary, my mother in heaven, today I ask that you keep my body pure & my soul holy (1st Hail Mary); Mary, my mother in heaven, today I ask that you keep my body pure & my soul holy (2nd Hail Mary); Mary, my mother in heaven, I plead, I beg, I earnestly request that you, this day, keep my body pure & my soul holy (3rd Hail Mary)" and we end by another sign of the cross. At the end of the day, before retiring, we repeat the above prayer.

Why the Our Father? God is owed our first fruits & deserves my first waking thoughts; this is a fresh proof that I am striving for heaven. Again, if I wake up and think about social media, coffee, breakfast, news, if my stocks went up or down, or what I will have for breakfast, I inadvertently expose the gods in my life, so many loves besides God. Most Mass Prefaces begin: "It is fitting and right that in all places, at all times, we give Thee thanks almighty God etc." Giving my first waking thoughts, my first fruits of the day to heaven properly orders my day because, as we know, we are meant to love God above all things. And, among other things, by the Our Father we ask that God's will be accomplished in us that day, the perfect way to begin a new day.

Why the three Hail Marys? Mary will help anyone in charity, but by this devotion we go to her as one of her children. In justice, every mother owes their offspring protection. Even dumb nature teaches this. A small bird will risk her life to defend her chicks against a fox, hawk, or snake, something more powerful than her. How much more will the blessed Mother of God come to our defense if we convince her that she is our mother. By this devotion we are telling Mary, "You are my mother, you must protect me. I am in danger of eternal ruin from sins of impurity. I petition you in justice. Come to my aid. You have purity in fullness and can obtain the measure that I need from your Son."

Why kneeling before the crucifix? Often, we are slaves to the body and its demands; this is especially true regarding sins of lust. Kneeling for morning prayer begins to curb this intemperance. It is as if I were telling the body, "You will kneel in prayer to God for you too have been purchased at a great price." Naturally, the body wants to luxuriate in bed. We must fight this inclination. If we do, we will gradually tame it and become the man of self-control demanded of every Christian.

To those who say, "I don't have time." This devotion takes 1:41.47 minutes (Father timed it) and you say, "I don't have time"? Not even 2 minutes? Is the house burning down every morning that you must rush away from prayer? Or are you just too lazy? Be honest. If I ask you, "Do you believe this devotion will help you to heaven?" You will say, "Yes." If I ask, "How much do you want to go to heaven?" You will say, "Above all things." To which I respond, "Prove it!" Witness to heaven that heaven is worth fighting for (above all things) so that come Judgment Day you will have a fighting chance of getting in. **Finally, to those who forget, do**

something to jog your memory e.g., the night before, put a chair in the middle of the room. When you wake, you will see the chair and think, "What dummy did that?" then recall, "Oh yes, I did, because I gotta do my three Hail Marys!"