

**On Mental Prayer (Part I)**

**Today**, the Pharisees, out of hatred, “watch” Jesus to destroy him. Christians, out of love, watch Jesus to be like Him. This is especially done by mental prayer, today’s topic. (ref. Catechism of Mental Prayer by Very Rev. Joseph Simler; Part I is in today’s bulletin, Part II in next week’s bulletin.)

**Prayer is the elevation of the human mind & will to God** by thinking of Him, loving Him, conversing with Him; to adore Him, to thank Him, to petition & for forgiveness. Prayer may be vocal or mental. Vocal prayer is by a given formula; mental prayer (meditation) uses no formula, nor are words needed.

Mental prayer, or meditation, is a pious communication of the soul with God by means of considerations, affections, & resolutions. Its purpose is to make us know, love, & serve God better; to know ourselves more & help us discharge our duties. It is the art of self-perfection.

The night before our meditation, we propose to ourselves a topic e.g., God’s love for sinners, the tragedy of sin; the mercy, suffering, patience of the Savior; any Sacrament or any article of the Creed; in fine, something useful to overcome a predominate fault & advance our salvation.

The moment before our mental prayer, we place ourselves in the presence of God (*He is everywhere by His essence, more in man than rock, more in a holy man than less worthy, He is substantially present in the Real Presence*), we nurture humility (*I am a sinner, any good in me is due to God & without God I am nothing*), and we nurture gratitude (*God has forgiven me abundantly & greatly desires to share His kingdom with me.*)

A Prayer before Meditation

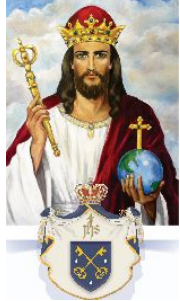
O my God, I firmly believe that Thou are truly present. I adore Thee & consecrate myself wholly to Thee. I humbly offer this meditation for Thy greater glory & honor and for the sanctification of my soul. Deign to enlighten my understanding that I may know Thee more intimately & realize more deeply Thy saving truth. In flame my heart with ardent love for Thee. Strengthen my will that I may follow Thy inspirations & order my life according to the holy lessons Thou teach by word & example. Amen.

The Components of Mental Prayer: Considerations, Affections, Supplications & Resolutions

**1. Considerations:** Moved by faith & reason, we contemplate a dogma of faith or a moral virtue; we imagine a biblical scene, see the persons & place, we listen & feel; & ask questions e.g., during the Passion, we see Christ on His cross, wounded & bloody, hear the jeers, “He saved others but cannot save himself.” We hear Him, saying, “Forgive them Father for they know not what they do,” “This day thou shalt be with Me in paradise,” “Behold thy son, behold thy mother,” “My God, My God...,” “I thirst,” “It is finished,” and, finally, “Into Thy hands I commend my spirit.” We may consider forgiveness, repentance, need of Mary, resignation to Divine Will, ...

**2. Affections:** Our considerations will stir holy sentiments of the heart spontaneously by grace or voluntarily by human effort, or a mix of both; these will move the will to make resolutions. Our sentiments may be vocalized in many ways: “Jesus, my mercy, have mercy on me a sinner,” “My Jesus, be to me a Savior, not a judge,” “Jesus, Mary, and Joseph, be with me in my last agony,” “My Jesus, I love Thee, grant that I may love Thee always, then do with me as Thou wilt.” Our affections will concern the past e.g., fear, regret, gratitude and/or ingratitude, the present, e.g., fervor, love, holy desire, and the future e.g., hope, confidence, resignation to the Divine will.

(Continued next week)



**CHRIST THE KING Catholic Church**

An apostolate of the Priestly Fraternity of St. Peter preaching the Gospel & sanctifying souls according to the liturgical books of 1962.

**16<sup>th</sup> Sunday after Pentecost**

**September 8, 2024, A.D.**

Pastor: Fr. Chris Hathaway, FssP  
fr.hathaway@christthekingsarasota.org  
Assistant: Fr. Vince Huber, FssP  
fr.huber@christthekingsarasota.org  
Secretary: Susan Hemeryck  
office@christthekingsarasota.org

**Church Office Hours:** 10:00 am – 3:00 pm, Monday - Friday  
**Christ the King Catholic Church.** Office: 941-924-2777  
1900 Meadowood Street  
Sarasota, FL 34231

[christthekingsarasota.org](http://christthekingsarasota.org)

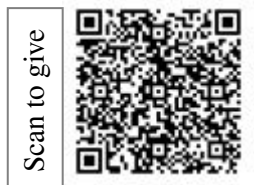
**The Daily Mass Schedule is:**  
Monday at 12 noon.  
Tuesday, Wednesday, and Thursday at 7:00 am and 9:00 am.  
Friday at 9:00 am and 6:30 pm. (On Friday, a 5:30 pm Holy Hour & confession time, precedes the 6:30 pm Mass.)  
Saturday at 9:00 am.

**Sacramental Emergency: 941-400-5415**

**The Sunday Mass Schedule is:**  
7:00 am low; 8:30 am low; & 10:30 am sung & a seasonal 12:30 pm low Mass.  
Items on the “Blessing Table” in the hall are blessed after the last Sunday Mass.  
**Confessions are heard in the confessional box ½ hour before Mass.**

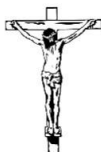
“Lost & Found” is in the vestibule; if not there, check with the office.

**In Ocala:**  
Sunday Mass at 4:30 pm  
Monday Mass at 7 am.  
1<sup>st</sup> Saturday Mass at 10:30 am.



## Liturgical Calendar for the Upcoming Week

| DATE       | FEAST                                      | CLASS/COLOR              |
|------------|--|--------------------------|
| Sun 09-08  | 16 <sup>th</sup> Sunday after Pentecost    | 2/G Nativity of BVM      |
| Mon 09-09  | St Peter Claver, <i>Confessor</i>          | 3/W St Gorgonius         |
| Tues 09-10 | St Nicholas of Tolentino, <i>Confessor</i> | 3/W                      |
| Wed 09-11  | Ss Protus & Hyacinth, <i>Martyrs</i>       | 4/R                      |
| Thu 09-12  | Most Holy Name of Mary                     | 3/W                      |
| Fri 09-13  | Feria                                      | 4/G                      |
| Sat 09-14  | Exaltation of the Holy Cross               | 2/R                      |
| Sun 09-15  | 17 <sup>th</sup> Sunday after Pentecost    | 2/G Seven Sorrows of BVM |



### Mass Intentions for the Upcoming Week in Sarasota

|            |   |                                  |
|------------|---|----------------------------------|
| Sun 09-08  | (7 am) Juana Carvallo+<br>(8:30 am) Lucyna Bednarz<br>(10:30 am) <i>Pro-populo</i><br>(12:30 pm) <b>No Mass until Fall</b>          | rb D&T Lima<br>rb W Bednarz      |
| Mon 09-09  | (12 pm) Francois & Marie-France de Saizieu++  | rb L de Saizieu                  |
| Tues 09-10 | (7 am) Annelisa Randall+<br>(9 am) Fr Jose Maniyangat   | rb K Chagnon<br>rb Lawton family |
| Wed 09-11  | (7 am) Virginia Vargas<br>(9 am) Martin Dinh  | rb C Plowman<br>rb N Truong      |
| Thu 09-12  | (7 am) Maureen Hallagan+<br>(9 am) Fr Christopher Hathaway, FssP  | rb B Hallagan<br>rb M Pruitt     |
| Fri 09-13  | (9 am) M Frances Kitko<br>(6:30 pm) Robert Bovienzo+  | rb S Hemeryck<br>rb J Bovienzo   |
| Sat 09-14  | (9 am) Wojciech Bednarz   | rb L Bednarz                     |
| Sun 09-15  | (7 am) Poor Souls in Purgatory<br>(8:30 am) Joseph Karbarz+<br>(10:30 am) <i>Pro-populo</i><br>(12:30 pm) <b>No Mass until Fall</b> | rb L de Saizieu<br>rb D Karbarz  |

**Today's 10:30 am Mass:** Entr: Immaculate Mary, 906; Asperges, 567; Mass XI, 740 & Credo IV, 780; Exit: O God, Almighty Father, 877. **Also**, if you are a bass or baritone & would like to join the choir, contact Leo [labrec1@verizon.net](mailto:labrec1@verizon.net) (941) 266-0254 or see him after Mass.

**Last Sunday's Collection:** cash \$5,355.21; on-line \$4,365.00; CFA \$1,180.00.

**Do This in Memory of Me:** cash \$1,300.01; on-line: 1,275.00.

**Total souls: 458;** 7 am-65; 8:30 am-178; 10:30 am-215. **Ocala-** 317.

**Please pray for:** Markus Dixon (9/8); Denise Karbarz, Antonio Negrin, Alex B. (9/1); Alice Manganello, Susan Furlong, Joseph Furlong (8/25); David Clough Sr (8/18).

**This week,** Monday, STLDPG (1 pm), Vespers (4:30 pm); Tuesday, Holy Face devotions (10:15 am), women's Book Club (6:30-8pm); Thursday, Vespers (4:30 pm), youth Catechism (5-6 pm); Friday, staff meeting (3:30 pm), Vespers (4:30 pm), Holy Hour (5:30 pm), Mass (6:30 pm); Saturday, server practice (10 am); Vespers (4:30 pm).

**Today, the Saint Theresa Lisieux Devotion Prayer Guild (STLDPG)** invites you to visit their information booth in the breezeway. **Also**, STLDPG & CtK's Pro-Life group will conduct a 54-day Rosary Novena to end abortion & defeat Amendment 4. All are welcome to the kick-off on Sept. 9. after the 9 am Mass at CtK's chapel. The 54-day Rosary Novena guides are at the booth.

**2024 CFA status at CtK as of August 31, 2024:** \$113,000.00 assessed by the diocese; \$70,791.67 pledged (62.65% of goal); from 34.72% of 216 households; \$61,504.97 paid. (from dioceseofvenice.org) **Thank you for your support!**

**DON'T BE ONE OF THE FIVE FOOLISH VIRGINS!** Today is the last day to do the Youth Catechism 2024-25 on-line sign-up.

<https://giving.parishsoft.com/App/Form/cf773f77-759e-4562-a027-f1f6d5b1ee5c>  
The first class is September 12; classes are held on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month from 5 to 6 pm. Your children must be registered before attending any class.

**Often people ask about certain services e.g.,** lawncare, nanny, piano lessons, car repair, real-estate, etc. As CtK does not advertise in its bulletin, Father put up a corkboard in the social hall. If you like, you may post your business cards there.

**Safe Environment Training & fingerprinting** is required by the Diocese of Venice for all employees & volunteers who work with children and/or vulnerable adults. For more info, see [www.dioceseofvenice.org/safeenvironment](http://www.dioceseofvenice.org/safeenvironment). Report any abuse against minors to the Florida Department of Children and Families at 800-962-2873. To report abuse by Diocesan personnel or volunteers also notify the Diocesan Victims Asst. Coordinator, Susan Benton, at 941-416-6114. Contact the office for more information.

**Dear Faithful of Christ the King,**

9/8/24

Thank you for your continued prayers & donations for the success of our building project, **"Do This in Memory of Me."**

Bishop Dewane reviewed our building plans. He likes them but wants us to get project cost numbers from several contractors before he will approve. This is in process. After the numbers are in, Bishop Dewane will confirm with CtK that it wants to go forward. If so, he will likely give his approval and then CtK can make a general presentation of its project. Thank you for your patience.

If you wish to donate, you may do so through the regular collection (mark your donation "Building Campaign") or through our website; pledges can be made also through the website or through the pledge envelopes in the vestibule.

God bless you,

Fr Hathaway