

## A Simple Primer for Vocal Prayer (part II)

*During the day, often place yourself in God's presence, praying:*

### Daily Ejaculation

Jesus my love, I love Thee, grant that I may love Thee always then do with me what Thou wilt.

### Daily invocations against temptations

Most Precious Blood of Jesus, poured forth for love of me on the cross, do not lose me.

O Mary, my Mother & Protectress, Mother of Purity, strengthen me.

My Guardian Angel, given me by Almighty God to lead me to heaven, help me not to offend Him.

### Thanksgiving after receiving the Blessed Sacrament (really or spiritually)

My God and Father in heaven, I give Thee thanks that I am able to receive the Most Precious Body, Blood, Soul, & Divinity of Thy dearly beloved Son, my Lord Jesus Christ, in the Most Blessed Sacrament of the altar. I pray this reception be no cause for condemnation but rather the means of my eternal salvation. May this pledge of Thy love preserve me in Thy friendship; advance me in virtue, esp. that virtue which I most need (     ); heal me of sin's wounds; strengthen me against temptation; & pledge me a wondrous future glory. Amen.

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*Before sleep, kneel before the crucified, consider death could come this night; nurture sorrow for any sin committed during the day, then pray:*

### Nightly Act of Contrition

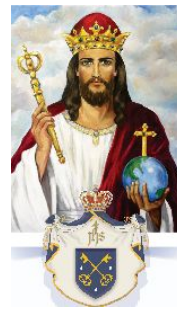
Oh my God, I am very sorry for having offended Thee, and I detest ALL my sins because I fear the pains of hell and the loss of heaven, but most of all because I fear losing my friendship with Thee Who art all good and deserving of all my love. And I firmly resolve, with the help of Thy grace, to avoid sin, to avoid the near occasions of sin, to do acts of penance for my sins, and amend my life. Amen.

### In thanksgiving & committing your sleep to Mary, pray:

Hail Mary, full of grace, etc. 3X

Once, in a public park in Germany, a man won \$23,000 in a Pole Sitting Championship wherein he set a new world record of 196 days sitting on an 8' by 2 ½" pole. His closest rival gave up in October; the champ quit because of boredom as the number of park visitors dropped with the coming of winter.

Boredom is the #1 enemy of prayer. If we ever convince ourselves that no one is watching us, we will give up, come down from our lofty exercise of prayer & embrace once more earthy delights. But Someone is watching; always listening; always waiting for us to pray. Keep these thoughts in your mind & you will pray with devout attention... & bring you to the threshold of meditation!



## CHRIST THE KING Catholic Church

An apostolate of the Priestly Fraternity of St. Peter  
preaching the Gospel & sanctifying souls  
according to the liturgical books of 1962.

## 4<sup>th</sup> (Laetare) Sunday of Lent

March 10, 2024, A.D.

Pastor: Fr. Chris Hathaway, FssP

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Assistant: Fr. Vince Huber, FssP

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Secretary: Susan Hemeryck

office@christthekingsarasota.org

**Church Office Hours:** 10:00 am – 3:00 pm, Monday - Friday

**Christ the King Catholic Church.**

Office: 941-924-2777

1900 Meadowood Street

Sarasota, FL 34231

[christthekingsarasota.org](http://christthekingsarasota.org)

### The Daily Mass Schedule is:

Monday at 12 noon.

Tuesday, Wednesday, and Thursday at 7:00 am and 9:00 am.

Friday at 9:00 am and 6:30 pm. (On Friday, a 5:30 pm Holy Hour & confession time, precedes the 6:30 pm Mass.)

Saturday at 9:00 am.

**Sacramental Emergency:** 941-400-5415

### The Sunday Mass Schedule is:

7:00 am low; 8:30 am low; & 10:30 am sung & a seasonal 12:30 pm low Mass.

Items on the "Blessing Table" in the hall are blessed after the last Sunday Mass.

**Confessions are heard in the confessional box ½ hour before Mass.**

Sarasota "Lost & Found" now located in the vestibule; or check with the office if not found.

### In Ocala:

Sunday Mass at 4:30 pm

Monday Mass at 7 am.

1<sup>st</sup> Saturday Mass at 10:30 am.

Scan to give



## Liturgical Calendar for the Upcoming Week

DATE	FEAST	CLASS/COLOR
COMMEMORATION		
Sun 03-10	4 <sup>th</sup> Sunday of Lent	1/V
Mon 03-11	Feria of Lent	3/V
Tues 03-12	Feria of Lent	3/V St Gregory the Great
Wed 03-13	Feria of Lent	3/V
Thu 03-14	Feria of Lent	3/V
Fri 03-15	Feria of Lent	3/V
Sat 03-16	Feria of Lent	3/V
Sun 03-17	Passion Sunday	1/V

### Mass Intentions for the Upcoming Week in Sarasota

Sun 03-10	(7 am) FssP & preservation of TLM (8:30 am) Edward & Theresa Boyer++ (10:30 am) <i>Pro-populo</i> (12:30 pm) Chris Ingersoll+	rb L Crowell rb A Emke
Mon 03-11	(12 pm) Phyllis M Meyer+	rb Steindorf family
Tues 03-12	(7 am) Priests of the FssP (9 am) Millie Tallula Mattea Marie Gedmin	rb B Schuetter rb M Pruitt
Wed 03-13	(7 am) Douglas Hohlt+ (9 am) Judy Corcoran+	rb anonymous rb N&M Chapman
Thu 03-14	(7 am) Conversion of a loved one (9 am) Mary & Joseph Manganello++	rb anonymous rb Bill & Teri & family
Fri 03-15	(9 am) Rick Fratangelo+ (6:30 pm) Mike & Mary Meza	rb E&B Fratangelo rb M Meza
Sat 03-16	(9 am) In honor of the Blessed Virgin Mary	rb a friend
Sun 03-17	(7 am) Fr Michael Foley (8:30 am) Kenneth Bishop+ (10:30 am) <i>Pro-populo</i> (12:30 pm) Patrick Michael Came+	rb S Hemeryck rb Meza family rb D M Came

***He steadfastly set his face to go to Jerusalem.*** (Lk 9:51) **Only 18 Days left!!!**

**Today's 10:30 am Mass:** Entr: *Parce Domine*, #953; *Asperges*, #567; Mass XVII, #762 & Credo I, #768; Exit: Throughout These 40 Days, #828.

**Last Sunday's Collection:** cash \$5,679.01; on-line \$4,565.00; CFA \$2,129.00.

**Total souls: 538:** 7 am-65; 8:30 am-161; 10:30 am-196; 12:30 pm-116. (***Ocala***, 333)

**Please pray for:** Shehwen family, Alan Galletto (3/10); Kaitlyn Beggy, Kylee Chagnon, Lucy Burns, Emily Anstead (3/3); Eileen McClain (2/25); Edward & Elizabeth Cooke, Lisa Eagles, & Danika Mathsen (2/18).

**Card. Burke's 9-month Novena begins March 12; handouts in vestibule.**

**This week,** Monday, Vespers (4:30 pm); Tuesday, Holy Face devotions (10:15 am), Women's Book Club (6:30-8 pm); Thursday, Vespers (4:30 pm), Youth Cat. (5-6 pm); Friday, staff meeting (3:30 pm), Vespers, (4:30 pm), Stations of the Cross (5:30 pm), Mass (6:30 pm), soup meal (7:30 pm); Saturday, Vespers (4:30 pm).

**2024 CFA status at CtK as of March 4, 2024:** \$113,000.00 assessed by the diocese; \$21,685.00 pledged (19.19% of goal); from 15.70% of 223 households; \$5,896.66 paid. (from dioceseofvenice.org) **Thank you for your support!**

**In the vestibule of CtK are the trifolds "Priestly Fraternity of St Peter Special Collection Seminary Support Spring 2024."** If you wish to donate to this cause, please mail your donation using the enclosed envelope; do not return them to CtK.

**Parishioners! Help set-up** the annual St. Joseph's Altar in the social hall on Sat. March 16. Bring devotionals, flowers, prayer intentions, pictures & baked goods to share. Fr Hathaway will bless the altar March 19, after the 9 am Mass; it will remain until March 23. CtK is not responsible for any lost or damaged items from this altar. Questions? Contact Joan at 941-218-7943. The Novena begins today: **"O Joseph! Virgin father of Jesus, pure spouse of the Virgin Mother, pray for us daily to the Son of God, that, armed with the weapons of His grace, we may fight as we ought in life and be crowned by Him in death. Amen."** (Indulgence of 100 days, twice/day; St Pius X, 26 Nov. 1906)

**This Lent the Diocese of Venice will have the Sacrament of Reconciliation available at the same time at all Parishes to allow the faithful ample opportunity to receive God's Mercy.** To make this opportunity as convenient as possible, in consultation with the Diocesan Presbyteral Council, the Bishop has designated the following days and times for Confession at EACH Parish: Friday, March 22, 2024, from 4 pm – 8 pm, and Saturday, March 23, 2024, from 9 am – 12 noon. The precept of confessing grave sins and receiving Holy Communion at least once during the Lenten Season merits a reminder to the faithful to take advantage of this opportunity.

**Almsgiving is an ancient Christian duty** as much as prayer & fasting. Dives was not punished for any scandal or crime, but for neglecting the needs of the poor in the person of Lazarus (Lk 16); and, at the general judgment, our Blessed Lord will say to some who neglected to serve Him in the poor, "as you did it not to one of the least of these, neither did you do it to me." (Mt 25:45). **The Lepanto Institute**, a conscientious Catholic watchdog group, will help. Their website lists worthy & unworthy entities for your possible alms.

### Dear Faithful,

As you know, our expansion project, "Do this in Memory of Me," has been suspended until we present the bishop with our revised plan. To this end, a traditional church architect, Carmine Carapella (you may google him), will have visited CtK (3/9/24) to assess our options. Please offer up your fast & Rosary, or other prayer, that we may soon present the bishop with a revised plan which meets our criteria: 400 seating, traditionally beautiful, & affordable. God bless you, frh