

On Profiting from Holy Communion

Certainly, Jesus Christ, true God & true man, who, being almighty God, created heaven & earth from nothing, can produce more bread from less, and even, as Catholics know, change the substance of bread into His own substance, while keeping the bread's appearance intact. Christ instituted the holy Sacrifice of the Mass to appease God & to nourish us with His own divine life. The Catechism of Trent teaches us how to receive this wonderful Food with profit.

The faithful should prepare themselves to receive this Sacrament as deduced from the actions of Christ, who, before He gave the Sacrament to His apostles, although they were already clean, He washed their feet "to show the extreme diligence" needful in approaching "with the greatest purity & innocence of soul" this Sacrament. Contrariwise, he who receives this Sacrament with no preparation derives no benefit but "incurs the greatest misfortune & loss." As "the most salutary things" when made proper use of achieve the greatest results, BUT, if misused, produce "the most pernicious & destructive" effects, so it is no surprise the exalted gifts of God, when received properly, greatly assist us towards heaven, but, if abused, bring eternal death. Just so, the Ark of the Lord worked great blessings for the Israelites which, when taken by the Philistines, brought them a destructive plague & disgrace (1 Kgs 5); just so, this Food benefits "a healthy stomach" but gravely harms one "indisposed."

Regarding the soul: **First**, we must distinguish "table from table," sacred from profane, heavenly bread from common bread. We do this by firmly believing this Sacrament is the true body & blood of the Lord, Whom the angels adore in heaven, "at whose nod the pillars of heaven fear & tremble" (Ps 96:7; Job 27:77; Is 6:3; Hb 1:6); so the warning of St. Paul, "he who eats & drinks unworthily, eats & drinks judgment to himself, not discerning the body of the Lord." (1 Cor 11:29). Again, this is why we venerate more than "curiously investigate" the Mystery with "idle inquiry." **Second**, we must examine whether or not "we are at peace with & sincerely love our neighbor": "If, therefore, thou offer thy gift at the altar, and there remember that thy brother has anything against thee, leave there thy offering before the altar, and go first to be reconciled to thy brother, and then coming thou shall offer thy gift." (Mt 5:24) **Third**, we must "carefully examine" whether our conscience is defiled by mortal sin which needs repentance & confession. The Council of Trent decreed that no one aware of mortal sin, "however contrite he may deem himself," may receive Holy Eucharist "until he has been purified by sacramental confession." **Fourth**, we should consider, "in the silence of our hearts," our unworthiness to receive such a great Gift; and be like the centurion, in whom Jesus said He had not found *so great a faith in Israel*, who said, "Lord, I am not worthy that thou should enter under my roof." (Mt 8:8) **Finally**, we should ask ourselves whether we can *truly* say with Peter, "Lord, thou know that I love thee" (Jn 21:15); and recall him who sat at the banquet of the Lord "without a wedding garment" and was cast into the exterior darkness "condemned to eternal torments." (Mt 22:12)

Regarding the body: Our preparation must include a period of fasting "from the preceding midnight until the moment of Communion." [This discipline is now 1 hour before] The dignity of the Sacrament "also demands that married persons abstain from the marriage debt for some days previous to communion" as David witnessed when about to eat the show-bread he told the priest that his men had been "clean from woman for three days." (1 Kgs 21:4) [Currently, no such discipline; because it hindered the daily communicant?] Such are the chief preparations to receive the Sacrament with profit.



CHRIST THE KING Catholic Church
An apostolate of the Priestly Fraternity of St. Peter
preaching the Gospel & sanctifying souls
according to the liturgical books of 1962.

4th (Laetare) Sunday in Lent

March 14, 2021

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The Daily Mass Schedule is:

Monday at 12 noon
Tuesday, Wednesday, and Thursday at 7:00 am and 9:00 am
Friday at 9:00 am and 6:30 pm
Saturday at 9:00 am.

The Sunday Mass Schedule is:

7:00 am low; 8:30 am low; 10:30 am sung; and 12:30 pm low.
[The bookstore is open after the 8:30 am & 10:30 am Masses; items on the "Blessing Table" in the hall are blessed after the 12:30 pm Mass.]

Confessions are heard in the confessional box ½ hour before Mass.

In Ocala:

Sunday Mass at 4:30 pm
Monday Mass at 7 am.
1st Saturday Mass at 10:30 am.

Holy Week schedule

Sarasota: Holy Thursday ~ 7 pm; Good Friday ~ 3 pm; Holy Saturday ~ 10 pm; Easter Sunday ~ normal.
Ocala: Holy Thursday ~ 4 pm; Good Friday ~ 3 pm; Holy Saturday ~ N/A; Easter Sunday ~ 1:30 pm.

Liturgical Calendar for the Upcoming Week

DATE	FEAST	CLASS/COLOR	COMMEMORATION
Sun 03-14	4 th Sunday of LENT	1/Rose	
Mon 03-15	Feria of Lent	3/V	
Tues 03-16	Feria of Lent	3/V	
Wed 03-17	Feria of Lent	3/V	St Patrick
Thu 03-18	Feria of Lent	3/V	St Cyril of Jerusalem
Fri 03-19	St Joseph, Spouse of BVM	1/W	Feria
Sat 03-20	Feria of Lent	3/V	Pro Papa
Sun 03-21	Passion Sunday	1/V	



Mass Intentions for the Upcoming Week in Sarasota

Sun 03-14	(7 am) <i>Priest's intentions</i> (8:30 am) <i>Pro-populo</i> (10:30 am) Joan Marie Kitko+ (12:30 pm) Albert DiGiacinto+	rb M/M L Labrecque rb C DiGiacinto
Mon 03-15	(12 noon) FssP Confraternity intentions	rb K Dinh
Tues 03-16	(7 am) Nicholas Slovak+ (9 am) Sara Agudelo+	rb K & A Slovak rb J Olivos & G Agudelo
Wed 03-17	(7 am) Special intention (9 am) Seamus Jeremy Ahearn+	rb Hallagan family rb D Came
Thu 03-18	(7am) Galatolo family (9 am) Fr Dupre	rb Funderburk family rb M Meza
Fri 03-19	(7 am) <i>Priest's intention</i> (9 am) Foster children (6:30 pm) Henry Bartholomew+	rb K & K Moore rb Meza family
Sat 03-20	(9 am) Poor souls in Purgatory	rb L de Saizieu
Sun 03-21	(7 am) <i>Priest's intention</i> (8:30 am) <i>Pro-populo</i> (10:30 am) Roger Cordell+ (12:30 pm) Saizieu family	rb K&K Moore rb L de Saizieu

Today, the diocese of Venice calls "Follow-up Sunday" to remind you of the 2021 Catholic Faith Appeal; after the 12:30 pm Mass, the 24-hour Adoration begins.

This week: Monday, Adoration closes before the 12 noon Mass; Thursday, St Joseph altar set-up & Homeschool Conference tent set-up, (no Youth Catechism); Friday, Homeschool Conference, 9 am to 4:30 pm, and normal schedule of Mass & 6 pm Stations followed by Mass; Saturday, Homeschool Conference, 9 am to 4:30 pm.

Last Sunday's collection: \$6,944.46; **CFA** \$125.00. **Last Sunday's attendance:** 7 am-53; 8:30 am-166; 10:30 am-180, & 12:30 pm-74; total being 473 souls.

Today's hymns: 40 Days & 40 Nights, SEC 829; Mass XVII, SEC 762; Credo I, SEC 762; When I Survey the Wondrous Cross, SEC 838.

Status of 2021 CFA at Christ the King as of March 2: \$73,000.00 assessed by the diocese; \$15,656.40 pledged; 21.45% of goal; from 14.58% of 144 households; payments being \$9,466.40. (from dioceseofvenice.org)

The Milgram Experiment (worthy to watch & discuss with the family):

In 1962, in a now infamous experiment, Yale University psychologist Stanley Milgram tested the limits of human obedience to authority. The study administrator instructed the study subjects — the "teachers" — to give electric shocks to a student. The "student" was actually an actor, but the study subjects were unaware of this, and complied with the demands to shock him whenever he gave an incorrect response to a question. Even as the student moaned, begged for the shocks to stop and ultimately stopped responding, the subjects obeyed the authority figure in the room and issued painful electric shocks. The study reveals that people may carry out heinous acts when ordered to do so by authorities because they feel less responsible for the behavior in this capacity. The Milgram experiment was conducted after the trial of Nazi Adolf Eichmann, who used the Nuremberg defense: "befehl ist befehl," or *an order is an order*. The Milgram experiment showed that people will act against their own judgment & harm another person to extreme lengths simply because they were told to do so. In fine, 65% of the subjects completed the study and administered the maximum voltage level, even though they knew it was wrong. One man who wanted to abandon the experiment was told the experiment must continue. Instead of challenging the decision of the experimenter, he proceeded, repeating to himself: "It's got to go on, it's got to go on." The documentary can be viewed on YouTube at "**The Milgram Experiment 1962 Full Documentary.**"

Please pray for: Stanley Shenko and Bill & Barbara Wis (3/14), Tom Costo (3/7), Kathryn Pickwood, Ayden (12-year-old boy w/brain aneurysm), and Joseph Bolus, (2/14). (Requests are posted for one month.)

The sermon series on charity takes from St Alphonsus Liguori's: The Practice of the True love of Jesus Christ at www.traditionalcatholicpriest.com. See St John Henry Newman's Litanies for Lent at www.newmanreader.org/works/meditations.

THANK YOU for parking on G. Fried Flooring America, to our NE about 75 yards, before parking on our grass.

24-Hour Adoration to End Abortion: Let us take our pleas for the unborn directly to Our Eucharistic Lord! Sign-up for an hour of prayer before the Blessed Sacrament (sign-up sheet in the vestibule). Starting after the 12:30 pm Mass today & ending with the 12:00 noon Mass on **Mon., March 15th**.

Pro-Life Meeting on Saturday 3/27 in the choir room after the 9:00 Mass. Agenda: 1. Recap of our Valentines project; 2. Exploring ways to expand our efforts beyond the sidewalk (<https://solvehomes.org/>); 3. Legislative rundown - John Funderburk.